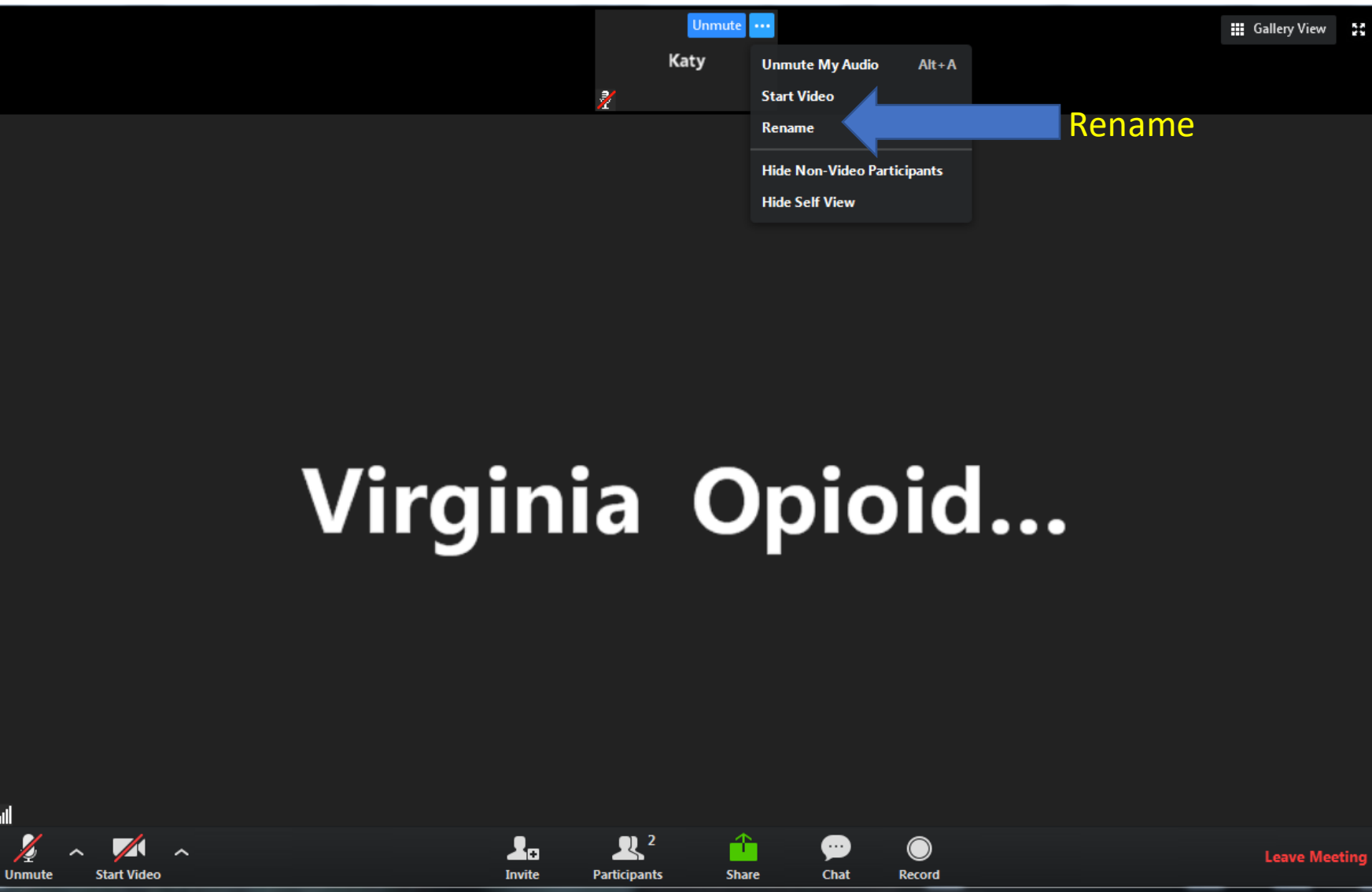


# Virginia Opioid Addiction ECHO\* Clinic

**May 7, 2021**

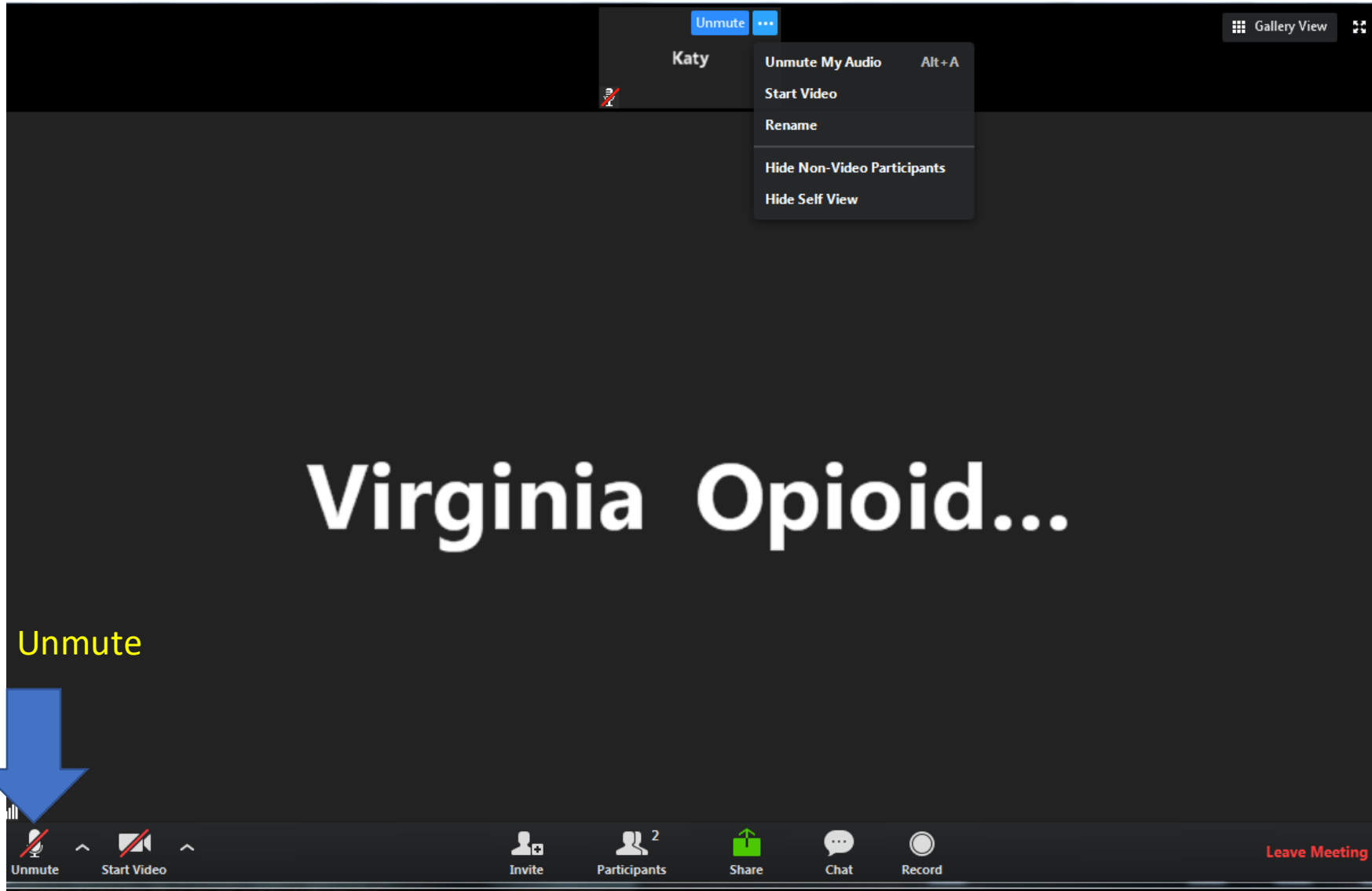
\*ECHO: Extension of Community Healthcare Outcomes

# Helpful Reminders



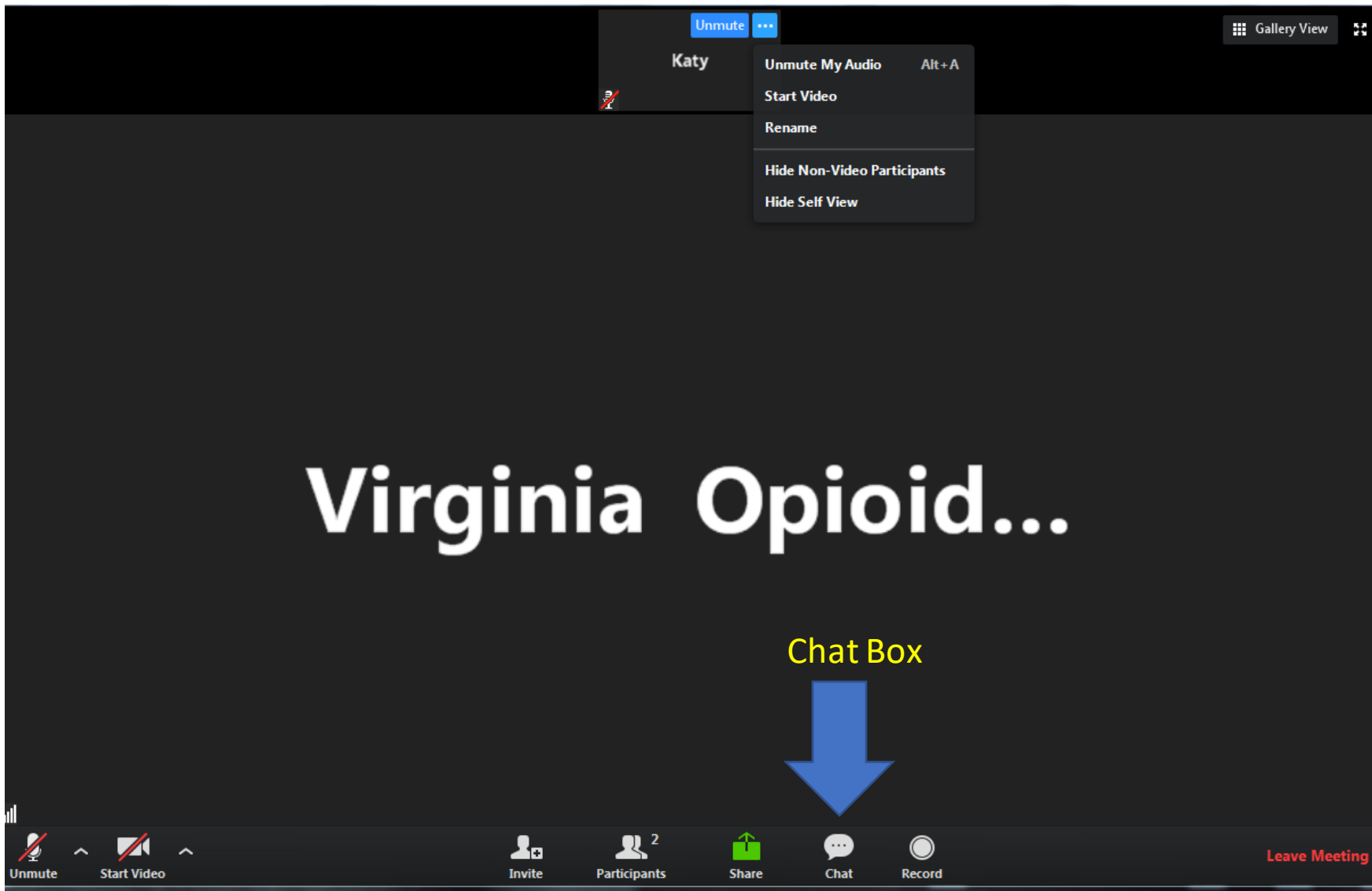
- Rename your Zoom screen, with your name and organization

# Helpful Reminders



- You are all on **mute** please **unmute** to talk
- If joining by telephone audio only, **\*6** to mute and unmute

# Helpful Reminders



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

# VCU Opioid Addiction ECHO Clinics



- Bi-Weekly 1.5 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: [www.vcuhealth.org/echo](http://www.vcuhealth.org/echo)

# Hub and Participant Introductions



## VCU Team

Clinical Director	Gerard Moeller, MD
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCI
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Salim Zulfiqar, MD Megan Lemay, MD
Didactic Presentation	Gerry Moeller, MD Megan Lemay, MD Elizabeth Wolf, MD
Program Manager	Bhakti Dave, MPH
Practice Administrator	David Collins, MHA
IT Support	Vladimir Lavrentyev, MBA

- Name
- Organization

Reminder: **Mute** and **Unmute** screen to talk

**\*6** for phone audio

Use **chat** function for Introduction

# What to Expect

## I. Didactic Presentation

### I. Panel Discussion

## II. Case presentation

### I. Case 1

#### I. Case summary

#### II. Clarifying questions

#### III. Recommendations

## III. Closing and questions



Lets get started!

Didactic Presentation



# Disclosures

Dr. Megan Lemay and Dr. Elizabeth Wolf, have no financial conflicts of interest to disclose.

- Dr. Moeller has grant funding from Indivior
- Consultant for Astellas, AstraZenca, Indivior, Boehringer Ingelheim
- Content of presentation unrelated to grants or consulting



# New Legalization Guidelines

- Legal for those 21 and older to carry up to 1 ounce of cannabis
  - \$25 fine for carrying above 1 ounce, more than 1 pound charged as felony
  - under 21 charged \$25 caught with the drug
- Illegal to have "open container" in cars defined as "anything other than sealed manufacturer container"
- Retail sales planned to begin in 2024
- Legal to cultivate up to 4 plants per household
  - prohibitions on manufacturing concentrate from plants
- Expungement and sealing of criminal records on cannabis

# Questions?

# Case Presentation #1

## Davina Pavie, QMHP-A

- 12:35-12:55 [20 min]
  - 5 min: Presentation
  - 2 min: Clarifying questions- Spokes
  - 2 min: Clarifying questions – Hub
  - 2 min: Recommendations – Spokes
  - 2 min: Recommendations – Hub
  - 5 min: Summary - Hub



Reminder: **Mute** and **Unmute** to talk

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Use **chat** function for questions

## Main Question

Looking for additional suggestions to help a client with an addiction to Methamphetamine.



## Demographic Information

32 year old white male. High school diploma, on SS does not work a conventional job. Lives alone, independently in an apartment. Is on the VHDA housing voucher program. Client is a sex worker mostly working with same-sex client. Client does not have protected sex. Client has a mother that is supportive and is a client on the Intensive Community Treatment team. His relationship with mom is not always good, however mom tends to enable. Client's father died by suicide when he was a young teen and he has had issues since.

## Background Information

F31.77-Bipolar Disorder, in partial remission

F15.188-Other stimulant abuse with other stimulant-induced disorder

Client has been on Bupropion HCl XL 300 mg, Vivitrol 380mg monthly, Naltrexone 50 mg, Abilify Maintena 400 mg.

Client had tried yoga and like alternative therapeutic solutions.

Client likes face to face recovery groups, but has attended some through online services.

Client has done some DBT work.

Reminder: **Mute** and **Unmute** to talk

**\*6** for phone audio

Use **chat** function for questions

## Previous Interventions

Client is currently on the medications listed above. I will check with our psychiatrist to see what other medications have been tried. I believe she has been trying to get the client to take some preventative medications for those who participate in risky sexual behaviors, which he does. Client has not been taking those medications, per the last conversation with psychiatrist.

## Future Treatment Plan/ Patient's Goal

Client may need rehab, although he does not see this as something he desires. Recovery groups would be recommended along with the medication that he is currently taking.

## Reminder: Main Question

Looking for additional suggestions to help a client with an addiction to Methamphetamine.

# Case Studies

- Case studies
  - Submit: [www.vcuhealth.org/echo](http://www.vcuhealth.org/echo)
  - Receive feedback from participants and content experts
  - Earn **\$100** for presenting

# Thank You

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

- **Ademola Adetunji, NP** from Fairfax County CSB
- **Tara Belfast-Hurd, MBA-PA** from Department of Behavioral Health and Developmental Services
- **Michael Bohan, MD** from Meridian Psychotherapy
- **Ramona Boyd, NP** from Health Wagon
- **Diane Boyer, DNP** from Region Ten CSB
- **Melissa Bradner, MD** from VCU Health
- **Kayla Brandt, B.S.** from Crossroads Community Service Board
- **Susan Cecere, LPN** from Hampton Newport News
- **Michael Fox, DO** from VCU Health
- **Shannon Garrett, FNP** from West Grace Health Center
- **Sharon Hardy, BSW, CSAC** from Hampton-Newport News CSB
- **Kara Howard, NP** from Southwest Montana Community Health Center
- **Sunny Kim, NP** from VCU Health
- **Heidi Kulberg, MD** from Meridian Health
- **Thokozeni Lipato, MD** from VCU Health
- **Caitlin Martin, MD** from VCU Health
- **Maureen Murphy-Ryan, MD** from AppleGate Recovery
- **Faisal Mohsin, MD** from Hampton-Newport News CSB
- **Stephanie Osler, LCSW** from Children's Hospital of the King's Daughters
- **Winona Pearson, LMSW** from Middle Peninsula Northern Neck CSB
- **Jennifer Phelps, BS, LPN** from Horizons Behavioral Health
- **Crystal Phillips, PharmD** from Appalachian College of Pharmacy
- **Jashanda Poe, MA** from Rappahannock Area CSB
- **Tierra Ruffin, LPC** from Hampton-Newport News CSB
- **Manhal Saleeby, MD** from VCU Health Community Memorial Hospital
- **Jenny Sear-Cockram, NP** from Chesterfield County Mental Health Support Services
- **Elizabeth Signorelli-Moore, LPC** from Region 1 CSB
- **Daniel Spencer, MD** from Children's Hospital of the King's Daughters
- **Linda Southall, QMHP** from Alleghany Highlands CSB
- **Cynthia Straub, FNP-C, ACHPN** from Memorial Regional Medical Center
- **Saba Suhail, MD** from Ballad Health
- **Barbara Trandel, MD** from Colonial Behavioral Health
- **Bill Trost, MD** from Danville-Pittsylvania Community Service
- **Art Van Zee, MD** from Stone Mountain Health Services
- **Ashley Wilson, MD** from VCU Health
- **Sarah Woodhouse, MD** from Chesterfield Mental Health
- **Susan Mayorga, BA, CBIS** from Community Health Center of the New River Valley
- **Jordan Siebert, Peer Recovery Specialist** from Daily Planet Health Services



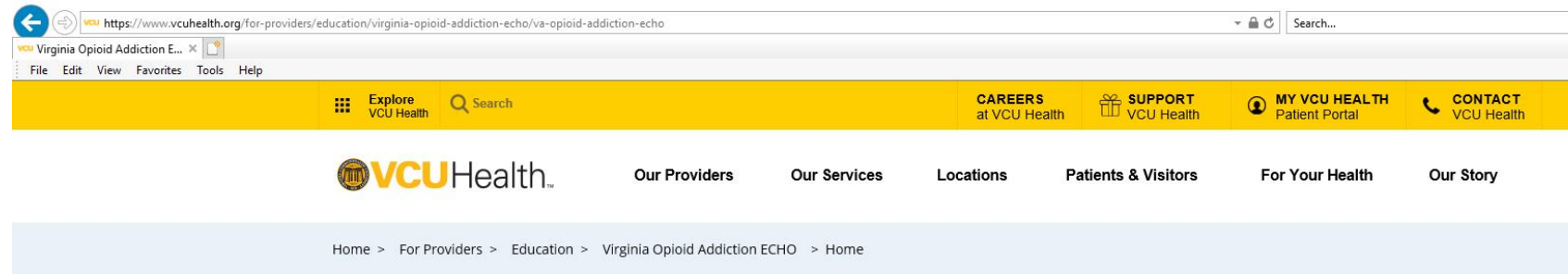
## Claim Your CME and Provide Feedback







- [www.vcuhealth.org/echo](http://www.vcuhealth.org/echo)
- To claim CME credit for today's session
- Feedback
  - Overall feedback related to session content and flow?
  - Ideas for guest speakers?




# Access Your Evaluation and Claim Your CME





## Virginia Opioid Addiction ECHO

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. [Register now for a TeleECHO Clinic!](#)



### Network, Participate and Present

- Engage in a collaborative community with your peers.
- Listen, learn, and discuss didactic and case presentations in real-time.
- Take the opportunity to [submit your de-identified study](#) for feedback from a team of addiction specialists. We appreciate [those who have already provided case studies](#) for our clinics.
- Provide [valuable feedback & claim CME credit](#) if you participate in live clinic sessions.

### Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.

### Telehealth

- About Telehealth at VCU Health ▾
- For Patients ▾
- For Providers ▴
- Virginia Opioid Addiction ECHO ▴
  - Register Now!
  - Submit Your Case Study
  - Continuing Medical Education (CME)
  - Curriculum & Calendar
  - Previous Clinics (2018)
  - Previous Clinics (2019)
  - Resources
  - Our Team

# Access Your Evaluation and Claim Your CME



https://redcap.vcu.edu/surveys/?s=KNLE8PX4LP Project ECHO Survey

File Edit View Favorites Tools Help

**ECHO**  
Virginia Commonwealth University

Please help us serve you better and learn more about your needs and the value of the Virginia Opioid Addiction ECHO (Extension of Community Healthcare Outcomes).

**First Name**  
\* must provide value

**Last Name**  
\* must provide value

**Email Address**  
\* must provide value

**I attest that I have successfully attended the ECHO Opioid Addiction Clinic.**  
\* must provide value

Yes

No

reset

\_\_\_\_\_, learn more about Project ECHO

Watch video

How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?

Very Likely

Likely

Neutral

Unlikely

Very Unlikely

reset

What opioid-related topics would you like addressed in the future?

What non-opioid related topics would you be interested in?

## Access Your Evaluation and Claim Your CME



- [www.vcuhealth.org/echo](http://www.vcuhealth.org/echo)
- To view previously recorded clinics and claim credit

# Access Your Evaluation and Claim Your CME



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VCU Health Nursing Home ECHO	+
VCU Health Palliative Care ECHO	+
Virginia Opioid Addiction ECHO	-
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Our Team	
Previous Clinics - 2018	
Previous Clinics - 2019	
Previous Clinics - 2020	
Previous Clinics - 2021	
Resources	
Thank You	
Virginia Opioid Addiction ECHO Continuing Medical Education	

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### Benefits

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- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.
- Virtual networking opportunities using two-way video conferencing.
- No cost to participate.
- **If unable to attend a live clinic session, [learn how to access the CME website](#) to view the recording and claim credit.**

*Content posted within the Virginia Opioid Addiction ECHO is made by possible, in part, by funding from the Virginia Department of Health.*

# Access Your Evaluation and Claim Your CME



Browser address bar: <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/2019-clinics>

Navigation bar: Explore VCU Health, Search, CAREERS at VCU Health, SUPPORT VCU Health, MY VCU HEALTH Patient Portal, CONTACT VCU Health

VCUHealth logo and navigation: Our Providers, Our Services, Locations, Patients & Visitors, For Your Health, Our Story

Breadcrumb: Home > For Providers > Education > Virginia Opioid Addiction ECHO > Previous Clinics - 2019

## Previous Clinics (2019)

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics. Visit our [Curriculum and Calendar](#) for upcoming clinic topics.

Topic	Date	Resources
<b>Trauma Informed Care and Treating Those Experiencing Opioid Addiction</b> Led by Courtney Holmes, PhD	01/04/19	<ul style="list-style-type: none"><li><a href="#">Video of Clinic</a></li><li><a href="#">Slide Presentation</a></li></ul>
<u>Learning Objectives:</u> <ol style="list-style-type: none"><li>1. Identify individuals who have experienced trauma.</li><li>2. Understand the impact of trauma on human development particularly related to substance use and misuse.</li><li>3. Learn components of trauma informed care.</li></ol>		
<b>Syringe Exchange</b> Led by Anna Scialli, MSW, MPH	01/18/19	<ul style="list-style-type: none"><li><a href="#">Video of Clinic</a></li><li><a href="#">Slide Presentation</a></li><li><a href="#">Narcan/Naloxone Laws</a></li><li><a href="#">Needle Exchange Program Flyer</a></li><li><a href="#">Bill to Remove Cooperation Law</a></li></ul>
<u>Learning Objectives:</u> <ol style="list-style-type: none"><li>1. Understand current legislative landscape in regards to syringe exchange in VA.</li><li>2. List benefits to clients and community of syringe exchange.</li><li>3. Define harm reduction.</li></ol>		

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  - Resources
  - Our Team
  - Contact Us
- Virginia Palliative Care ECHO
- Virginia Sickle Cell Disease ECHO
- Telehealth Programs

## VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12-1:30 pm

### **Mark Your Calendar --- Upcoming Sessions**

May 21: Houselessness in SUD Patients

Andrew Plunk, PhD with EVMS

Please refer and register at [vcuhealth.org/echo](https://vcuhealth.org/echo)

THANK YOU!

Reminder: **Mute** and **Unmute** to talk  
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Use **chat** function for questions